

Welcome

Lifestyle medicine is evidence-based medical field that focuses on physical activity, healthy eating, mental wellbeing, sleep, social connection and minimisation of harmful substances, but also behavioural changes to prevent, treat and reverse chronic diseases and improve quality of life.

Croatian Lifestyle Medicine Association is a non-profit organisation established in 2021 with a mission to educate professionals and raise awareness about health and healthy behaviours. If you want to join our team visit

https://www.crolma.net/

About the congress

Croatian Lifestyle Medicine Association (CROLma) is organising its 3rd annual congress!

This international congress aims to connect professionals from Croatia and the world to share and educate on lifestyle medicine.

Our congresses are interdisciplinary, evidence-based, practical, and authentic, with lectures, panels and interactive workshops.

We invite you to spend three days with prominent lecturers and like-minded people to learn about lifestyle medicine and how to implement it in your daily practice.

Academic Bojan Jelaković

(Faculty of Medicine, University of Zagreb, KBC Zagreb, HAZU)

Dr. Rob Lawson

(British Society of Lifestyle Medicine, European Lifestyle Medicine Council)

Prof. Ph.D.Sc. Mladen Golubić

(Osher Center for Integrative Health at University of Cincinnati)

Dr. Fraser Quin

(British Society of Lifestyle Medicine, European Lifestyle Medicine Council)

Prof. Ph.D.Sc. Steven Živko Pavletić

(Georgetown University in Washington DC)

Dr. Alicja Baska

(Department of Lifestyle Medicine, University of Warsaw)

Academician Vida Demarin

(Faculty of Dentistry, University of Zagreb, HAZU)

prof.prim.dr.sc. Branko Kolarić

(Educational Institute for Public Health "Dr. Andrija Štampar")

Prof. Ph.D.Sc. Luka Milanović

(Faculty of Kinesiology, University of Zagreb)

Prof. Ph.D. Zoran Đogaš

(Faculty of Medicine, University of Split)

Prof. Ph.D.Sc. Nataša Jokić-Begić

(Faculty of Philosophy, University of Zagreb)

Registration fees

Registration fee for participants of the congress REGISTRATION: CLICK HERE

	Early bird registration until 27.2.2025	Late registration starting from 28.2.2025
Members of HUMŽiS	180 € + VAT	220 € + VAT
Virtual - Members of HUMŽis	80 € + VAT	120 € + VAT
Students	100 € + VAT	100 € + VAT
Virtual - Students	80 € + VAT	80 € + VAT
Others	220 € + VAT	260 € + VAT
Virtural - Others	120 € + VAT	160 € + VAT

^{*}Prices do not include VAT, 25%

The registration fee includes:

Participation in all lectures according to the Program, welcome cocktail, lunch, coffee breaks, professional materials, participation certificate, congress dinner

TECHNICAL ORGANIZER:

Certitudo partner d.o.o. turistička agencija Ivanićgradska 64, 10000 Zagreb T: +385 1 5802 532

E: partner@certitour.com W: www.certitour.com



Accommodation

REGISTRATION AND RESEVATIONS CLICK HERE

DIOKLECIJAN HOTEL & RESIDENCE ****

Distance from the venue: 5 min by car, 15 min walking

Single room - Bed and breakfast: 84,50 € Double room - Bed and breakfast: 91,00 €

HOTEL AMPHORA ****

Distance from the venue: 10 min by car

Single room - Bed and breakfast: 132,50 € Double room - Bed and breakfast:: 154,00 €

*Prices are per room / per night

*The tourist tax is not included in the accommodation price and amounts to 2,50 € per person/per day

Cancellation policy:

The reservation can be canceled without penalty 60 days before arrival

Cancellation 59 - 30 days 50% of the total amount of the reservation Cancellation 29 - 15 days 80% of the total amount of the reservation Cancellation 14 - 0 days 100% of the total amount of the reservation No show 100% of the total amount of the reservation